



SUSSEX AREA OF NAFAS

NATIONAL ASSOCIATION
OF FLOWER ARRANGEMENT
SOCIETIES

CHARITY No. 292377

www.SussexAreaNAFAS.org.uk

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Week 17 – In Out, In Out, Shake it All About

Dear Members,

Well you've certainly turned up trumps – Gaenor's delighted with all the alliums and tombola prizes you've offered us. Thank you very much. Yet how does Gaenor thank you? With the hardest quiz you can imagine. It's so tricky, I'm almost tempted to offer a prize to the person who gets all the answers correct; but could I trust you not to use the internet? What a cynic I've become – must get out more.

We're sending virtual hugs to Doreen Nuttall, former Area Chairman, whose husband Derek has passed away. Derek was always so supportive in everything Doreen did and I have fond memories of him. I'm sure you'll join me in thinking of Doreen and her family at this difficult time.

Let's hope the sun comes out again soon.

Jilly

Just heard that there's going to be
clapping for Dame Vera Lynn

Don't know where, don't know when!



Photo left courtesy of Nancy Hubbard:
if you don't like your name,
pick up a new one!

Michelle King: I Got Rhythm (thanks to NAFAS)

"I'm now placing these yellow roses in an alternating pattern through the arrangement to draw the eye towards the centre, where I'm going to place my focal material."

That's me speaking as I make an arrangement in front of the enthusiastic members of one of the many thriving NAFAS Clubs. As a NAFAS Demonstrator, I'm always very conscious of how I am applying the NAFAS Elements & Principles of Design. If I'm honest, when I first came across them, I remember wondering how necessary it really was to learn and abide by them. Half of them seemed like plain common sense whilst the other half seemed so abstract that I thought I'd never grasp them. "How difficult could it be to arrange a bunch of flowers?", I asked myself.



Well, how wrong I was. As I studied them further and started to try to apply them, I soon realized what a failsafe set of guidelines they are and just how much I'd come to rely on them as I created my designs. Soon, I was watching other demonstrators much more keenly, noting how they so expertly applied all the 'Es & Ps' as many of us affectionately refer to them.

But the one that stands out for me is Rhythm - the regular repetition in the spacing, and systematic grouping of, the plant material to create a sense of flow and movement. Rhythm is fundamental to everything in life that I love: the song of the birds in my garden, the shared memories that get retold with family & friends, the petals of a single rose bloom, the satisfying flow as I run through a demonstration. And, in these uncertain times, when I wonder when I will return to demonstrating, it's a

great comfort to me to know that there is a basic rhythm to everything, that, no matter what the future holds, after the rain, the sun always eventually shines again.

So, for me, Rhythm is the Principle that brings an arrangement to life. As the George & Ira Gershwin song so famously goes: "I got rhythm ... Who could ask for anything more?"

A blond man shouts frantically into the phone: "My wife is pregnant and her contractions are every 2 minutes!". The Doctor asks: "Is this her first child?" "No! This is her husband!"

A blond man is in the bathroom and his wife shouts "Did you find the shampoo?" He answers: "Yes but I don't know what to do It says it's for dry hair and I've just wet mine!"

A blond man spots a letter on his doormat. It says on the envelope Do Not Bend. He spends the next 2 hours working out how to pick it up.

A blond man is so bored he goes outside, knocks on his own door, then goes inside to ask who's there.

A moment of tension in Vatican.
If the bishop moves forward the
queen can take him.



Here's a message from Doreen Jarvis's
daughter:

My mum, Doreen Jarvis (nee Welch) died on 23rd
May, 2020, aged 87, from Covid-19 following a
broken hip operation.

She had been a member of NAFAS for 60 years
and was a founder member (1964) of Fulham Art
Group and also a committee member of various
clubs, and still regularly attended Crawley Flower
Club.

Mum was a floral art teacher, demonstrator and
judge and exhibited at Chelsea where she was
asked to arrange and present a bouquet to
Princess Alice.

She devoted her life to flowers and was greatly
admired for her talent and skill, and always
encouraged and supported her many students.

Our thoughts go out to Doreen's friends
and family for their loss.

An attractive young woman on a flight from Ireland asked the Priest by the name of André beside her, 'Father, may I ask a favour?' 'Of course, child. What may I do for you?'

'Well, I bought my mother an expensive hair dryer for her birthday. It is unopened but well over the Customs' limits and I'm afraid they'll confiscate it. Is there any way you could carry it through customs for me? Hide it under your robes perhaps?'



'I would love to help you, dear, but I must
warn you, I will not lie.

'With your honest face, Father Andre, no one
will question you.'

When they got to Customs, she let the priest,
André, go first. The official asked, 'Father, do
you have anything to declare?'

'From the top of my head down to my waist I
have nothing to declare.'

The official thought this answer strange, so
asked, 'And what do you have to declare from
your waist to the floor?'

'I have a marvellous instrument designed to be
used on a woman, but which is, to date,
unused.'

Roaring with laughter, the customs' officer
said, 'Go ahead, Father. Next please!'

Now is not the right time to surround yourself with **positive** people.

The World Health Organisation has announced that dogs cannot contract Covid-19. Dogs previously held in quarantine can now be released. To be clear, WHO let the dogs out.

Why do they call it novel coronavirus?
It's a long story

Breaking News:
Sticking your tongue on an outdoor bug zapper lamp will cure the virus.
Yep, I read it on the internet.

The grocery stores in France look like tornadoes have hit them. All that's left is de brie.

I'd tell you a coronavirus joke, but you'd have to wait two weeks to see if you got it.

Due to the quarantine, I'll only be telling inside jokes.

I ran out of toilet paper and had to start using old newspapers.
Times are rough.

Please take your clothes out of the wardrobe regularly to air them and allow them to stand in sunlight. Recent studies have shown that during lockdown, clothes kept in dark, cramped places will shrink.



Trikini 2020.

An old photo of people eating in a restaurant. Photo was taken in 2019 B.C. (before Corona)



Evil Gaenor's Tricky Sussex Quiz

1. Which 19th century monarch had a home in Sussex? Where?
2. Marilyn Monroe spent the night with a famous British actor in Sussex. Whereabouts and with whom?
3. Who designed the De La Warr Pavilion in Bexhill-on-Sea?
4. Which famous RAF Officer, based at Tangmere, had a film made about his life? What was the name of the film?
5. Which famous national hymn was written on the coast in Sussex?
6. Which composer stayed at The Grand Hotel in Eastbourne in 1905?
7. Which resident of Sussex is responsible for organising state occasions?
8. Which famous nautical song is associated with Sussex? Who wrote it?
9. What name was given to the pile of bones that caused great excitement until they were found to be fake in the early 1900's?
10. Which famous Sussex artist and illustrator was born in Brighton in 1872?
11. Who was the founder of 'The Ditchling Community'?
12. Which living famous astronaut was born in Chichester?
13. Which famous actor, who died in 1989, and starred in the film 'Rebecca' had a home in Ashurst, near Steyning?
14. Who wrote Mrs. Dalloway?
15. Which former TV weatherman lives in Eastbourne?

These questions are so hard; you'll need time to work out the answers.
See if you're right next week.

An 80-year old lady was marrying for the fourth time.

A newspaper reporter asked if she wouldn't mind talking about her first 3 husbands and what they did for a living.

She smiled and said: "My first husband was a banker, then I married a circus ringmaster, next was a preacher and now I'm about to wed a funeral director."

When asked why the four men had such diverse careers, she explained:

"I married one for the money, 2 for the show, 3 to get ready and 4 to go, go, go!"

I've reached an age where my train of thought often leaves the station without me.

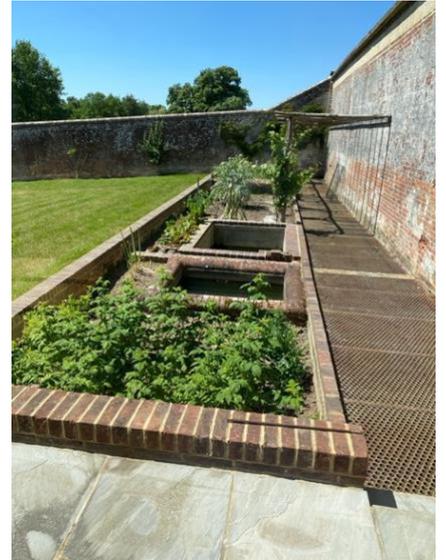
My face in the mirror
Isn't wrinkled or drawn
My house isn't dirty
The cobwebs are gone
My garden looks lovely
And so does my lawn
I think I might never
Put my glasses back on!

Sue Flight's New Garden in Framfield



We have been pretty busy recently with moving from a rented house to our new house in Framfield, East Sussex. We've also been trying to clear garages of flower arranging stuff and get our other house sorted so we can sell it. So much stuff we keep!

Just to let you know we are now based here in Anglo Saxon Framfield, in a Victorian walled garden with a contemporary house added, full of glass, steel and open living space. Our aim is to fill the walled garden with rambling roses.



Outside of the walls, where there are many rabbits, is a tiered stream with little bridges full of wildlife. The stream is probably a tributary of the River Uck which itself is a tributary of the River Ouse.

The village of Framfield is listed in the Domesday Book, but there is an ancient trail to the north of the village probably used by the Saxons during their invasions, so historians date the village to the 9th Century. There's a Norman church built on the same site as an Anglo Saxon wooden structure, which burnt down. Plus there's a CAMRA award-winning pub in the village: The Hare & Hounds.

Framfield is the place to be!



Thank you, Sue. So nice to hear about a happy ending after that nasty flood. I'm sure we all look forward to seeing Sue back on the demonstrating trail with a new source of plant material and new tales to tell.

