



# SUSSEX AREA OF NAFAS

NATIONAL ASSOCIATION  
OF FLOWER ARRANGEMENT  
SOCIETIES

CHARITY No. 292377

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## Week 13 – The Cringe Edition

Dear Members,

This newsletter is the thirteenth edition. Some people think 13 is unlucky and I would agree. It is indeed unlucky: unlucky for you as this is The Cringe Edition. Over a page of jokes (if you can call them that) which didn't make it into Christmas crackers – yep, that bad!

This coming week is National Flower Week. Look out for British flowers on your weekly shop or perhaps your garden is supplying everything you need? Otherwise check back to Week 7 for local links. Let's be creative and celebrate our special artform.

Don't forget to contact Gaenor Circus (01798 812719) regarding Tombola prizes. She's been out and about collecting from the doorstep – thank you very much to those who've already donated. There's always room for more!

Keep safe and evaluate your risks. Anyone wanna be in my bubble?

Jilly

Whilst we excel at the frivolous and light-hearted in these newsletters, here's a sombre message from Kath Cade: "June Walker passed away on 2<sup>nd</sup> June. She was a member of Horam & Heathfield Flower Club for many years. She was a lovely lady and a very gifted flower arranger, who helped at many Flower Festivals. June will be greatly missed and remembered with affection." Our sympathy and thoughts go out to June's friends and family.



**Guess who kept everyone  
awake last night?**

A duck, a skunk and a deer went out to dinner at a restaurant one night. When it came to time to pay, the skunk didn't have a scent, the deer didn't have a buck, so they put the meal on the duck's bill.

My doctor has given me three days to give up drinking. I've picked 30<sup>th</sup> June, 5<sup>th</sup> July and 1<sup>st</sup> November.

## Mask - er - Aid

If you're venturing a little further afield than your back garden, you'll have noticed that there are more people around and they don't always keep their distance. Should you be brave enough to use public transport, then you will definitely have to wear a mask and gloves. So, if you haven't got one already, here are some downloads to make your own but do try to include a pocket for filters so that you don't need to wash your mask after every outing:

<https://mccall.com/free-digital-sewing-patterns-community-were-in-this-together/>

<https://www.which.co.uk/reviews/face-masks/article/face-masks-where-to-buy-them-and-how-to-make-your-own>

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/how-to-make-cloth-face-covering.html>



Now there's an idea.



### BREAKING NEWS

**Wearing a mask 🙄 inside your home is now highly recommended. Not so much to prevent Covid-19 but to stop eating.**

Government advice is evolving but remember:

- social distancing and good hand hygiene is the most effective approach;
- basic surgical masks and cloth masks provide little protection against airborne particles, as smaller particles can still get through gaps;
- incorrect mask use and reusing single-use masks can increase, rather than decrease your risk of infection;
- if you can, have a carbon filter liner and your mask will be re-usable for longer;
- if you're stuck, kitchen roll or coffee filter paper are useful filter options that can be disposed of after each use;
- layers are good with cotton against your face
- Medical-grade masks: leave those for the front liners;
- Masks can protect against inadvertent transmission of the disease to others if you have it asymptotically;
- Wash your hands before handling your mask.

### WHAT FACE MASKS SAY ABOUT A PERSON:



## My Steyning Garden by Carol Lathleiff

When I moved to Steyning from London at the end of 2012, I was so thrilled to have both a front and back garden. Although I had the same back in London, they were very much smaller. The only problem was that the previous owners here had done away with all the flowers and laid it to grass with just hedges such as Bay, Choisya tenata Mexican Orange, hardy Fuchsia shrubs and other greenery. As I love flowers, I had borders dug into both gardens so that I would have some colour and perfume.



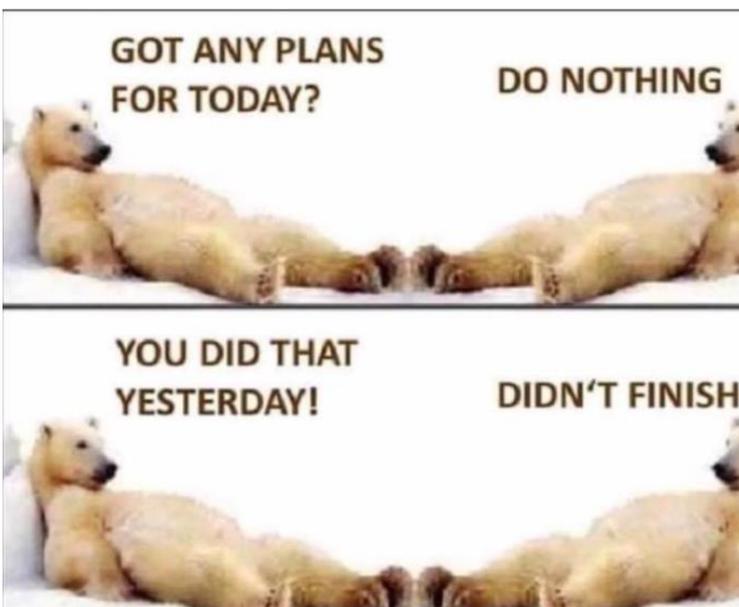
In the front I have these beautiful Oriental Poppies (left). I was thrilled when they bloomed right on time for VE Day. Next to them is this lovely perfumed David Austin white rose called Winchester Cathedral (right). In the same garden is another beautifully perfumed pink David Austin rose called Alan Titchmarsh, which blooms prolifically and has no thorns (below left).



In my back garden the borders are a work in progress (!) but my favourite thing is the beautiful Laburnum tree (right) that was already there and I had no idea what it was until it bloomed in the first May and is looking at its best at the moment. I just love getting up in the morning and looking out of the kitchen window to see it glowing in the sunlight, who wouldn't love it.



Thank you Carol – our super Area Ticketing Administrator. When I was growing up, we had a Laburnum tree in the garden – happy memories. You don't see them very often – maybe because all parts are poisonous. Historically used for cabinetmaking and inlay, Laburnum wood is often used for musical instruments (recorders, flutes, and bagpipes). I look forward to hearing Carol toot on a penny whistle made from her tree – no pressure Carol!



My pet snake is exactly 3.14 metres long. He's a PI-thon.	A roman centurion walks into a bar, holds up two fingers and says, "Five beers please".	If you see someone doing a crossword, say to them:  "7Up is lemonade"
I like to break the rules. I ate an After Eight at half past seven once.	I got a three-foot long ruler at a yard sale.	The great thing about my obsession with toast is that I still get three square meals a day.
Nine cows in a field, which one is from the Middle East?  Cow eight.	A friend played for a team called the Musketeers. They started the season with three wins and a draw, all 4-1 and one 4-all.	I phoned OK magazine the other day. They answered and said "Hello?", so I said "Sorry, wrong number" and hung up.
An accountant friend of mine has borrowed six books now and not given any of them back. I think he's a professional bookkeeper.	I was in a pub the other night, and some bloke offered me eight legs of venison for £200. I said "£200? That's too dear"	I went to buy six cans of sprite the other day and realised I'd picked 7Up.
You have to be odd to be number one	Seven has "even" in it. That's so odd.	I'm friends with 25 letters of the alphabet. I don't know Y.
What letter is always trying to find reasons? The "Y".	The local pie shop almost never closes. It's 22/7.	Following a recipe, says I need: apples, five cubed. 125 sounds like a lot of apples for a pie...
Bloke down the pub sold me a DVD. It had 3.14 stars. I think it was pi-rated.	Wun-Wun was a race horse. Tutu was one, too. When 111 a race once, 22112	What letter is very wet?  The "C"
There was a fight between 19 and 20. 21.	I ate alphabet soup. Now I have strong vowel movement.	Why was 2 impressed when 3 and 4 won a prize? Because 31142 and 411422
4, 6, 8 and 9 have been killed. The prime suspects are 2, 3, 5, 7 and 11.	Can February March? No, but April May.	I got into a fight with 5, 7 and 9. The odds were against me.
To the person who invented zero: Thanks for nothing.	Why is the "A" like a flower? Because the "B" is after it.	$111,111,111 \times 111,111,111 = 12,345,678,987,654,321$
What begins with T, ends with T and has T in it? A teapot.	Which State in America is high in the middle and round at the ends?  Ohio.	Is there a word that uses all the vowels including "y"? Unquestionably!

<p>What four weekdays start with the letter "T"?</p> <p>Tuesday, Thursday, today and tomorrow!</p>	<p>Why is the "A" like noon?</p> <p>Because it's in the middle of the day.</p>	<p>Which odd number becomes even if you take away a letter?</p> <p>Seven.</p>
<p>What starts with a "R" and ends with "L" and has thousands of letters?</p> <p>Royal Mail.</p>	<p>What letter is always waiting?</p> <p>The "Q"</p>	<p>What does the 7 say to the 1?</p> <p>"Nice haircut!"</p>
<p>What 5-letter word becomes shorter when you add two letters to it?</p> <p>Short.</p>	<p>For some it's merely a "twelve". For me it's "twoteen" or even "tentytwo".</p>	<p>What letter is really hot?</p> <p>The "T"</p>
<p>What does the zero say do the eight?</p> <p>"Nice belt!"</p>	<p>By the way, FAT comes from EAT where somebody bit off E's lower part</p>	<p>Why is the six afraid of the seven?</p> <p>Because seven ate nine.</p>
<p>If you leave alphabet soup on the stove and go out, it could spell disaster.</p>	<p>What are the two strongest days of the week?</p> <p>Saturday and Sunday. All the others are weak days.</p>	<p>What do you call a fish without an eye?</p> <p>Fsh.</p>
<p>Whats the longest word?</p> <p>"SMILES"!</p> <p>Because there's a "mile" between each s.</p>	<p>Which letter of the alphabet is standing right in front of you?</p> <p>The "T"</p>	<p>Which letters do Tuesday, Thursday, Friday and Saturday have in common?</p> <p>None. None of them has "c", "o", "m" or "n" in them.</p>
<p>What letter can work twice as hard as you?</p> <p>The "W"</p>	<p>What letter is not me?</p> <p>The "U"</p>	<p>If you were to spell out numbers, how far would you get before needing an "A"?</p> <p>One thousand</p>

## Make your garden Corona proof!

A tongue-in-cheek look at some plants you could grow to help us fight the Coronavirus:



**Red Hot Poker,**  
*Kniphofia.* left  
They don't like it up 'em  
**Creeping Speedwell** *Veronica filiformis*  
right in case you need to escape.



**Sword Lily**  
*Gladiolus.*  
En garde  
you pesky  
virus!



**Stocks**  
*Matthiola  
incana.* Left  
**Runner Bean**  
when you  
need to leg it.  
Right.



**Bindweed** *Convolvulus arvensis* (left). OK so you  
wouldn't really want to have this thug in your garden.  
Why not sow seeds over the fence instead? **Box** *Buxus*  
(right) is next and the advantage of this plant is that you  
can send a message to the 'Rona too!



**Mugwort** *Artemisia vulgaris* has several strings to  
its bow. Not just the name, if it can get rid of  
worms (not garden ones although it would  
probably have a go at them too), imagine what it  
would do to the virus, especially when the leaves  
have anti-bacterial properties.

**Snapdragon** *Antirrhinum majus* right



But if you're of a  
more peaceful  
disposition, then  
try an **Olive**  
branch *Olea  
europaea* right OR  
the **Peace Lily**  
*Spathiphyllum*  
below.



**Gunnera** above &  
**Lancelleaf** Coreopsis  
Laneolate left



**Touch-me-not**  
**Balsam** (*Impatiens  
noli-tangere*), not  
only will the name  
protect you, but this  
plant has exploding  
seed pods!